



CCT-RN/Paramedic Treatment Guideline 1902/2902

Patient Comfort, Advanced

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Following general guidelines/precautions of the **Patient Comfort Protocol 4902**, assess the patient's need for advanced comfort measures (treatment of severe pain, nausea, vomiting) using the guidelines below:

- A. Pain Management. This pain management guideline is intended for patients with severe pain due to isolated trauma, not the multisystem trauma patient. This is also **not** intended for treatment of abdominal pain. For chest pain in cardiac patients, refer to **Chest Pain (ACS) Protocol 4202**.

1. Review patient's allergies, if possible.

2. Ensure patent IV. Check vital signs and ensure that patient is not hypotensive per **MAMP Protocol 1201/2201**.

3. Fentanyl (*Sublimaze*): **[drug of 1st choice due to less nausea/vomiting, hypotension]**

a. Adult dose: 1.0 – 1.5 mcg/kg slow IV push (max. dose 150 mcg). May be repeated in 50 mcg dose increments as needed.

b. Pediatric dose: 1.0 – 1.5 mcg/kg slow IV push. May be repeated in 1 mcg/kg dose increments as needed up to a max. total dosage of 3 mcg/kg.

OR

4. Morphine sulfate:

a. Adult dose: 5 mg IV; may repeat in 5 – 10 minutes if no relief.

b. Pediatric dose: 0.1 mg/kg IV; may repeat 0.05 mg/kg in 5 – 10 minutes if no relief. (Max. dose not to exceed adult dose).

- B. Nausea/Vomiting Management.

1. Ondansetron (*Zofran*): **(This is the drug of 1st Choice)**

Adult dose: 4 mg IV push. May repeat in 10 minutes if needed.

Pediatric dose: 0.15 mg/kg IV push (max. dose 4 mg). May repeat in 10 minutes if needed.

OR

2. Promethazine (*Phenergan*):

Adult dose: 12.5 mg IV push (6.25 mg IV in elderly). Not to be repeated.

Pediatric dose (over 2 year old): 0.25 – 1.0 mg/kg IV push (max. dose 12.5 mg). Not to be repeated.



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C. After giving any of the above medications, **Contact Medical Command** enroute with updated patient report.

